



Advent means 'coming' and it's the period before Christmas, which celebrates the birth of Jesus. It is all about preparing for Christmas Day. Advent starts on the Sunday 28th November this year.

As well as physically preparing for Christmas, we also prepare our hearts to welcome Jesus. We can do this by following Advent traditions and carrying out acts of kindness and generosity.

### Traditions

- An Advent wreath
- An Advent candle
- An Advent calendar
- Setting up the nativity scene
- Carol singing
- Attending church services
- Saying an Advent prayer
- Setting up the Jesse Tree



[The Jesse Tree: A Guide to the Advent Tradition | Faithward.org](http://Faithward.org)

### Acts of Kindness and Generosity

#### Rosie May Foundation

The Rosie May Foundation have been into school today to talk to the children about the wonderful work they do. As a local charity, that is globally reaching, this is one we would like to support. Children will bring home a tube of Smarties that they may enjoy, in exchange for them filling it with coins throughout the Advent and Christmas period. These will be collected just after Epiphany on Friday 7th January.

#### Picture News Appeal - Share the Light

Picture News are encouraging us to spread light and cheer this Christmas. You will find the campaign and associated activities here.

[Picture News | Langar C of E Primary School \(secure-primariesite.net\)](http://secure-primariesite.net)

Use the hashtag #sharethelight on social media and email them to us at [help@picture-news.co.uk](mailto:help@picture-news.co.uk) The campaign will run between 1st and 15th December

